



THE HEART
AND STROKE
FOUNDATION
SOUTH AFRICA

Press Release: *Hearty hits Cape Town*

During the month of September, Heart Awareness Month, the Heart and Stroke Foundation SA mascot, **Hearty**, in conjunction with Melomed, went on a heart health awareness road trip!

Hearty visited Tembalethu Primary School, Goeie Hoop Primary School and Liesbeeck Primary School, creating awareness of cardiovascular disease and spreading the message of adopting a heart healthy lifestyle. **Hearty** and Melomed also promoted healthy eating by distributing fruit to all the children at the schools.

Hearty's work even extended to a Crescent Sighting at Three Anchor Bay and a stop at the **Cosmos VS Santos** game on the 16th October at Newlands stadium.

* **Hearty** at Newfield's Primary School



* **Hearty work at Tembaletu Primary School**



The feedback received from the schools and public was fantastic.

Hearty and Melomed managed to make a difference in just one month!

Watch the press for more information on Hearty's trips throughout Cape Town.

Ends.

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The Heart and Stroke Foundation SA

The Heart and Stroke Foundation South Africa is a Section 21 community-based organisation established to reduce the incidence of heart disease and stroke in the population of South Africa by providing education, funding and supporting research.