

# About Stroke

## What is a stroke?

A stroke, also known as a Cerebrovascular Accident (CVA), is an acute injury to brain tissue, resulting from an interruption of blood flow to an area of the brain.

## Diagnosis of stroke

A stroke is a medical emergency, as immediate medical care and treatment may be necessary to prevent life-threatening complications.

## Treatment and rehabilitation of stroke

The management of stroke has two distinct phases : immediate treatment, and longterm management.

## Prevention of stroke

Controlling the risk factors that can be managed is the first step in preventing a stroke.

## Types of strokes

There are two types of strokes.

## Symptoms of stroke

In some cases almost the only recognisable sign of an oncoming stroke is a transient ischaemic attack (TIA).

## Risk factors for stroke

There is much you can do decrease your risk of getting a stroke.

## Course of stroke

What happens when someone has a stroke?

## Cause of stroke

The fundamental cause in any type of stroke is the interruption of blood supply to a part of the brain.

## **Brain attack!**

Stroke is the third most common cause of death in South Africa and it is on the increase.

## **Can a child have a stroke?**

One tends to associate strokes with adults. But in South Africa, doctors see many children with stroke every year. Learn more about the causes, signs and symptoms.

## **A-Z of stroke**

A stroke, also known as a cerebrovascular accident (CVA), occurs when an artery that supplies oxygen-rich blood to the brain bursts or becomes blocked by a blood clot.

## **Your stroke risk**

Sixty people die every day in South Africa because of strokes. What is your risk of getting one?

## **Patients guide to stroke**

Stroke, one of the most common neurological disabilities in South Africa, can have a devastating impact on a person's life.

## **Know your risk - prevent a stroke**

Stroke is the third most common cause of death in South Africa, fortunately stroke deaths can be prevented by adopting a healthy lifestyle and being aware of the risk factors.

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