

Media Release

KIND HEARTED VOLUNTEERS NEEDED

The Heart and Stroke Foundation of South Africa (HSFSA), a non-profit organisation, is looking for fun loving, kind hearted volunteers to assist with various aspects relating to charity work.

Volunteers are one of the Heart and Stroke Foundation's greatest assets. Without the support of our volunteers the HSFSA could not continue its vital work into fundraising, care and education.

Anyone can become a volunteer: you can give as much or as little time as you choose!

In the community

The Heart and Stroke Foundation holds numerous events throughout the year, aimed at raising funds for our Children's Programme. From street collections to data capturing and screenings – the Heart and Stroke Foundation will be delighted to make use of your talents.

If helping out at fun walks or golf days is up your alley, you'll find volunteering at our events a great way to make friends.

There are many ways that you can help the HSFSA as a volunteer and there is always something to suit everyone.

Our community fundraising department has allot of volunteering opportunities, from promoting our fundraising and educational schemes in schools to helping us to organise and run our fundraising events.

Perhaps you would prefer something office based?

If so, why not volunteer at any of our Regional Offices. We are always looking for admin people and people with project management skills.

For further information, kindly contact Sakeenah on Tel: 021 447 4222.