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We Can Beat COVID-19 Together.
#Sanitize #SocialDistancing #WashYourHands #UseAMask
ALLIANCE CARE
SUB-ACUTE MEDICAL REHABILITATION HOSPITAL

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REHABILITATION HOSPITAL FOR COIDA
labour
REPUBLIC OF SOUTH AFRICA
NATIONAL HOSPITAL NETWORK
WINNER OF TITANIUM AWARDS
2019
FINALIST 2020 TITANIUM AWARDS

ALLIANCE CARE
SUB-ACUTE MEDICAL REHABILITATION HOSPITAL

INTERNATIONAL ACCREDITATION

Alliance Care ***is at the forefront of Medical Rehabilitation Excellence.*** We are Internationally Accredited with the Council for Health Service Accreditation of Southern Africa, and this ensures we provide Quality Hospital Services that reflect International Standards of Medical Excellence.



MEDICAL EXCELLENCE

Alliance Care ***a goal-orientated process of Medical Rehabilitation for patients,*** relying on evidence-based treatment plans to enhance the success rate of a patient's clinical pathway. We continuously promote Medical Excellence in co-operation with our professional and proficient Multidisciplinary Teams, consisting of Medical Specialists, Allied Specialists, and Nursing Staff. They manage our patients along a continuum of care from Medical Rehabilitation that follows an acute illness or injury, through Inpatient Rehabilitation, and finally back into their community settings. These Specialist Rehabilitation Teams provide holistic care, including the management of the emotional and psychological consequences of disability, illness/injury, and long-term conditions.



ALLIANCE CARE
SUB-ACUTE MEDICAL REHABILITATION HOSPITAL

FAQ

WHAT IS MEDICAL REHABILITATION?

Rehabilitation is specialised and intensive medical treatment that can help a person restore, maintain, or improve their ability to successfully function in daily life. These abilities may be physical, mental, and/or cognitive (thinking and learning). They may have lost them due to a disease or injury, or as a side effect from a medical treatment.

WHAT ARE THE GOALS OF MEDICAL REHABILITATION?

The overall goal of rehabilitation is to assist a rehabilitation patient in regaining some form of independence. Diagnosis differs from person to person so clinical outcomes and treatment plans are unique to each case. Diagnosis is dependent on what caused the person's medical condition, whether the cause is ongoing or temporary, which functional abilities were affected, and how severe the medical condition is.

- A person who has had a stroke may need rehabilitation to be able to dress or bathe without help
- An active person who has had a heart attack may go through cardiac rehabilitation to try to return to exercising
- Someone with a lung disease may get pulmonary rehabilitation to be able to breathe better and improve their quality of life

WHO NEEDS MEDICAL REHABILITATION

While Alliance Care treats patients with many different diagnoses, the following list outlines the most common patient conditions we treat.

- Injuries and trauma, including burns, fractures
- (broken bones), traumatic brain injury, and spinal cord injuries.
- In-patient wound management.
- Stroke.
- Severe infections.
- Post-surgical and medical rehabilitation.
- Side effects from medical treatments, such as from cancer treatments.
- Certain birth defects and genetic disorders.
- Developmental disabilities.
- Chronic pain, including back and neck pain.
- Active COVID-19 patients.
- Post-acute COVID-19 patients.
- Respiratory rehabilitation.
- Cardiac rehabilitation.

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